

Calgary Family Therapy Centre

Confidentiality Guidelines

The Calgary Family Therapy Centre (CFTC) is committed to upholding confidentiality with respect to all matters associated with professional services to clients. CFTC aims to protect the privacy of client information and respects a client's right to control whether this information will be shared with a third party. Therefore, CFTC family therapists and interns will only disclose confidential information to parties with the informed consent of clients.

The exception to the above guideline will apply when it becomes evident to a CFTC family therapist or intern that a client or others are at risk for serious, foreseeable, and imminent harm. In these instances, CFTC will disclose the least amount of confidential information necessary to a third party to contribute to conditions for safety.

In keeping with CFTC's collegial culture and teaching mandate, client information may be shared with other team members and interns during supervision and/or consultations.

CFTC does not interfere/intervene in legal proceedings, except to provide letters confirming attendance and participation in therapy sessions.