

Announcing the Two-Week Externship in:
Systemic Family Therapy
August 8 to 19, 2022

by Karl Tomm, MD, and staff of Calgary Family Therapy Centre:

In Calgary, Alberta, Canada

This externship training course offers an in-depth exposure to post-modern systemic family therapy as practiced at the *Calgary Family Therapy Centre* which is affiliated with the University of Calgary. Ten full days of learning will be provided with theoretical explorations in the mornings and observation of clinical interviews in the afternoons. Externs will be invited to participate as members of reflecting teams for the live interviews.

Content material will include: 1. Contrasting assumptions about the nature of human problems that guide therapeutic initiatives, 2. The IPscope systemic assessment model (Pathologizing Interpersonal Patterns vs. Healing Interpersonal Patterns), 3. The original Interventive Interviewing framework, 4. The expanded version of Interventive Interviewing, 5. Reflexive Questioning, 6. Alternative Ethical Postures that support differing therapist responses, 7. Different 'ways of knowing' (with a focus on Maturana's theory of knowledge), 8. The impact of Societal Discourses in the lives of families, 9. Internalized Other Interviewing, 10. Co-constructing Hope and Responsibility, 11. Deconstructing Shame and Guilt, 12. Opening space for Apology and Forgiveness, 13. Supervision Methods and Practices, 14. Research As Daily Practice, 15. Reflecting Team work, 16. Integrating Narrative, Collaborative Language Systems, Solution Focused, and Systemic ideas and practices.

Learning methods will include presentations using powerpoint slides, individual and group exercises, pre-session clinical discussion, observation of live interviews, reflecting team participation, post-session discussion, interviewing practice, an optional simulation interview, possible review of interview recordings, and open discussion.

About the Calgary Family Therapy Centre (CFTC):

The *CFTC* was initiated in the Department of Psychiatry, at the University of Calgary by Dr. Tomm in 1973. It continues to serve the Calgary community as a multidisciplinary outpatient treatment program and provides specialized services in systemic therapy for families with children and adolescents who present with behavioral or emotional problems. Approximately 300 families are seen per year, including a wide range of presenting concerns. The clinical services provide a rich base for training graduate students in developing skills for therapeutic interviewing. The Centre also offers formal teaching and engages in ongoing conceptual research in family therapy. It is supported by excellent physical facilities including multiple interviewing rooms equipped with one-way mirrors, telephone intercom, and remote-controlled cameras for recording.

The orientation of the Centre, in terms of theoretical framework and methods of practice, has changed several times over its 49 years. Staff members at the Centre have been at the leading edge of new developments in the field of family therapy for decades and have been continuously involved in exploring, developing, and applying innovative patterns of therapeutic thought and action.

The Centre is located in Calgary, a vibrant Western Canadian city with a population of one million. It is only one hour by car from the beautiful Canadian Rocky Mountains and Banff National Park which offer world class hiking, camping, climbing, and sight-seeing.

Application requirements

1. Experience as a therapist at the masters or doctoral level
2. Current curriculum vitae or resume
3. Letter indicating personal interest in family therapy and intent to utilize training in current or anticipated work settings

Fee: \$1500 Cdn

Number of participants: Maximum 15

Applications will be processed as received; early application is advised

Inquiries and applications should be sent to:

Externship Co-Ordinator

Calgary Family Therapy Centre

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